

Managing children with Autism and PDA in school

Overview

This one day course, delivered by Dr Judy Eaton, Consultant Clinical Psychologist, is aimed at classroom teachers, SENCOs, teaching assistants, support workers and lunch-time staff. It provides an overview of the key features of both Autism and Pathological Demand Avoidance (PDA), and explains how PDA differs from other disorders such as Oppositional Defiance Disorder and Conduct Disorder. We discuss how the school environment can impact upon a child with Autism/PDA and offer suggestions for maximising learning opportunities for these children. How to recognise triggers for behavioural 'meltdowns', together with their management, is also included. Promoting positive relationships with parents and tackling the issue of exclusion is covered along with discussion about EHCP's. Finally we discuss Autism/PDA and adolescence and Autism/PDA and mental health issues. The whole course is run in an informal manner and provides ample opportunity for discussion, questions and sharing of ideas.

Course outline:

- Introduction
- What is Autism?
- What is PDA?
- Signs of Autism/PDA
- How to distinguish Autism and PDA from other disorders
- Autism/PDA and the school environment
- The child with Autism/PDA as a learner
- Issues for teachers and TA's (EHCP and managing exclusion)
- Building positive relationships with parents
- 'The Solihull Approach' – Containment, Reciprocity, and Behaviour Management
- Recognising triggers and managing 'meltdowns' in the classroom
- Autism/PDA and adolescence
- Autism/PDA and mental health issues



This course is delivered at our clinic in Norwich. The cost of the course is £89, and includes coffee and biscuits on arrival, and at break times, plus a buffet lunch. Comments, from previous attendees, about this course, and dates of future courses, can be found on our website.

<http://www.help4psychology.co.uk/pdacourseschools.html>

Please email - office@help4psychology.co.uk - to make a booking.